## MAY 2022





	Home of the Free because of the Brave ~Unknown					EQUAL FOUSING OPPORTUNITY	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1:00 Sunday Believers' with Paul Belfort	9:00 Walker's Club 9:30 Coopersburg Diner 10:00 Exercise DVD (98) 11:00 Core&More with Deana 1:00 MOVIE 6:00 Resident's Association Bingo	9:30 Banks 10:00 Exercise DVD (98) 11:00 Everybody's Yoga with Dana 2:15 CLINIC: BP Checks	9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 RiteAid/CVS - CANCELED 11:00 Everybody's Yoga with Dana 12:30 Bible Study 2:00 Pastor Movie 2:00 Snacks/IceCream Sales	10:00 Chat Room 10:00 Exercise DVD (98) 11:00 Lorri&Jim Duet 11:00 Tai Chi with Joanne 12:30 Second Harvest 2:00 Church (Spanish)	9:00 Walker's Club 9:30 Giant 10:00 Exercise DVD (98) 11:00 Core&More with Deana 2:00 Fellowship with Nena	8:30 Resident's Association COFFEE & DONUTS	
Mother's Day  11:00 Sunday Praise with    David Garcia  1:00 Sunday Believers' with    Paul Belfort	9:00 Walker's Club 10:00 Cracker Barrel 10:00 Exercise DVD (98) 11:00 Core&More with Deana 11:00 SPEAKER: Weis 1:00 MOVIE 6:00 Resident's Association Bingo	10:00 Exercise DVD (98) 10:00 Weis 11:00 Everybody's Yoga with Dana	9:00 Walker's Club 10:00 Exercise DVD (98) 11:00 Everybody's Yoga with Dana 11:00 The Cup - CANCELED 12:30 Bible Study 1:00 Ice Cream Social 2:00 Pastor Movie 2:00 Snacks/IceCream Sales	10:00 Chat Room 10:00 Exercise DVD (98) 11:00 Painting with a Twist 11:00 Tai Chi with Joanne 2:00 Church	9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 Target / Panera 11:00 Core&More with Deana	5:00 Soup/Hot Dogs	
1:00 Sunday Believers' with Paul Belfort	9:00 Walker's Club 9:30 Banks 10:00 Exercise DVD (98) 11:00 Core&More with Deana 11:30 Johnny Cash Tribute 1:00 MOVIE 6:00 Resident's Association Bingo	10:00 Airport Shopping Center 10:00 Exercise DVD (98) 11:00 Everybody's Yoga with Dana 1:00 VOTING 2:00 GENERAL MEETING 2:00 Snacks/IceCream Sales	9:00 Walker's Club 9:30 Valley Farm Mkt 10:00 Exercise DVD (98) 11:00 Everybody's Yoga with Dana 12:00 Cooking Class 12:30 Bible Study 1:45 LM BINGO 2:00 Pastor Movie 2:00 Snacks/IceCream Sales	9:00 CLINIC: Eye 10:00 Chat Room 10:00 Exercise DVD (98) 11:00 Dollar Tree 378 11:00 Tai Chi with Joanne 2:00 Church	9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 Senior Fair 11:00 Core&More with Deana 12:30 CLINIC: OAA 2:00 Fellowship with Nena	21 Armed Forces Day  8:30 RA Breakfast - CANCELED	

## MAY 2022

## LUTHERAN MANOR OF THE LEHIGH VALLEY, INC.



## Home of the Free because of the Brave ~Unknown

			EQUAL OPPO			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Sunday Believers' with Paul Belfort 1:15 SPAMALOT at Civic Theatre	9:00 Walker's Club 10:00 Exercise DVD (98) 11:00 Core&More with Deana 1:00 MOVIE 5:00 Prime Steakhouse 6:00 Resident's Association Bingo	9:30 Aldi 10:00 Exercise DVD (98) 11:00 Everybody's Yoga with Dana 2:00 Church	9:00 Walker's Club 10:00 Exercise DVD (98) 11:00 Everybody's Yoga with Dana 12:30 Bible Study 2:00 Pastor Movie 2:00 Snacks/IceCream Sales	10:00 Chat Room 10:00 Exercise DVD (98) 10:00 Walmart 248 11:00 Tai Chi with Joanne 2:00 Church	9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 Giacomo's Italian Mkt 11:00 Core&More with Deana	28
1:00 Sunday Believers' with Paul Belfort 4:00 RA SOCIAL	OFFICE CLOSED 9:00 Walker's Club	9:30 Wegmans 10:00 Exercise DVD (98) 11:00 Everybody's Yoga with Dana	Birthdays 5/5 - Donny H. 5/13 - Jessica C. 5/23 - Yesenia D.			

All activities are in-person now, and some are on channel 98 as well. Movies are ONLY on channel 98.